



*Medical Home*



*Ashburn Pediatrics*

### Patient-Centered Medical Home

A Patient-Centered Medical Home (PCMH) is not a building, house, or hospital, but rather an approach to providing comprehensive health care.

A Medical Home is called a “Home” because we’d like this office to be the first place you think of for your medical needs. Our goal is to make it easy and comfortable to get the care you need in a way that works best for you.

As your healthcare provider, we are here to facilitate a personal partnership with you and your family to provide you with the best quality, comprehensive and progressive primary care.

### Why are the Loudoun Medical Group Offices becoming PCMH’s?

Our culture is one of continuous improvement with the result of providing high quality of care for all the patients we serve. We believe the Patient Centered Medical Home model will help us do this. By positioning your physician to provide, oversee, and coordinate all the care you need, the PCMH model seeks to strengthen the provider-patient relationship. It will replace episodic care based on symptoms and illnesses with coordinated, whole person care and long-term healing relationships. As our patient, you will enjoy an ongoing relationship with a personal provider. Your physician leads a team that collective responsibility for your care. The Medical Home also provides enhanced care through open scheduling, expanded hours, and fostering communication amongst patients, providers, and staff.

### Joint Principles of the Patient-Centered Medical Home

**Personal Provider** - Each patient has an ongoing relationship with a personal provider trained to provide first contact and continuous, comprehensive care. In addition, your personal provider leads a team of individuals who collectively take responsibility for your ongoing care.

**Whole Person Orientation** - Your personal provider is responsible for providing all your health care needs or taking responsibility for appropriately arranging care with other qualified professionals. This includes care for all stages of life: acute care, chronic care, preventative services, and end of life care.

**Care is coordinated or integrated** - Your provider and healthcare team will coordinate your care with other elements of the health care system, such as other elements of the health care system, such as subspecialty care, hospitals, home health agencies, and nursing homes. They are also equipped to integrate this care with your family and any public or private community services that may be of benefit to you. Your Patient Centered Medical Home uses a vast array of information technology, registries, health information exchange, etc... to make sure you get the care you need when and where you need it.

**Quality and Safety** - By centralizing your care in one place, the potential for errors is minimized. Moreover, by putting the focus on you, our patient, the quality of care is enhanced.

**Enhanced Access to Care** - Open scheduling, expanded hours and new options for communications between patients, their personal provider and practice staff (e.g. web-based patient portal) makes it easier and quicker to get the care you need.

**The health and wellness of our patients is the #1 priority of this office.** Providing the best possible care to every patient is our primary goal. The only way we can meet this goal is if I, your provider, and you, my patient, work together. This is the basis behind the Patient-Centered Medical Home.

As your personal provider, my responsibilities are:

Explain diseases, treatment, and result in an easy-to-understand way. Listen to your feelings and questions which will help us make decisions about your care. Keep your treatments, discussions, and records confidential. Provide same day appointments whenever possible. Provide instructions on how to meet your health care needs when our office is not open through the answering service which provides 24-hour access to medical care. Give you clear directions about medicine and other treatments. Send you to a trusted specialist, if needed. End every visit making sure you have clear instructions about expectations, treatment goals, and future plans.

As our patient, your responsibilities are:

Asking questions, sharing your feelings and taking an active part in your care. Being honest about your history, symptoms and other important information, including any changes in your health and wellbeing. Taking all your medicine as directed. Inform us whenever there is a problem with the medication you are taking. Making healthy decisions about your daily habits and lifestyle. Keeping your scheduled appointments or reschedule in advance whenever possible. Calling our office first with your health concerns, unless it is an emergency. Being sure you leave our office with a clear understanding of our expectations, treatment goals and future plans. Bringing all information that pertains to my health created at another healthcare facility.

*Thank you for choosing Ashburn Pediatrics*

*Our mission is to provide quality pediatric care to meet the variable needs of the community.*

*We are partners with parents to provide the knowledge needed to make sound medical, physical, and emotional decisions for their children. Our primary interest is to ensure healthy children with a healthy future. We too are in awe of the incredible gift that each child is, and are honored to be of service to your family.*



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